UCLA | UCSF
ACEs Aware Family Resilience Network

About this Offering

Training Details

- Title of activity: ACEs Aware Stress Busters: Clinical Strategies for Preventing and Mitigating Toxic Stress
  - Module 1: Introduction (1.0 credit)
  - Module 2: Supportive Relationships (1.0 credit)
  - Module 3: Quality Sleep (0.5 credit)
  - Module 4: Balanced Nutrition (0.5 credit)
  - Module 5: Physical Activity (0.5 credit)
  - Module 6: Mindfulness Practices (0.5 credit)
  - Module 7: Experiencing Nature (0.5 credit)
  - Module 8: Mental Health Care (0.5 credit)
- Credit amount: Up to 5.0
- Launch date: October 22, 2024
- Credits available:
  - As of October 22, 2024: *AMA PRA Category 1 Credit™*, ANCC, ASWB, ABIM-MOC II, ABP-MOC
  - As of January 1, 2025: AAPA, APA

Receiving Credit

To obtain a CME/CE certificate, participants must enroll in the offering. Participants must attend the webinar or course in full, take the evaluation, and then pass the knowledge check. Once these requirements have been met a CE certificate will be available for download.

Accreditation

Joint Accreditation Statement

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

American Academy of Physician Associates (AAPA)

UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for up to 5.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

American Psychological Association (APA)

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

This program offers up to 5.0 APA continuing education credits.

Association of Social Work Boards (ASWB)

As a Jointly Accredited Organization, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive up to 5.0 general continuing education credit.

American Board of Internal Medicine Maintenance of Certification (ABIM-MOC II)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 5.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Board of Pediatrics Maintenance of Certification (ABP-MOC)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 5.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME

activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Interprofessional Continuing Education (IPCE)



This activity was planned by and for the healthcare team, and learners will receive up to 5.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Disclosures

Disclosure of Conflicts of Interest

UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) requires faculty, planners, and others in control of educational content to disclose all their financial relationships with ineligible companies. All identified conflicts of interest (COI) are thoroughly vetted and mitigated according to UCAAN policy. UCAAN is committed to providing its learners with high quality accredited continuing education activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

Faculty, Planners, and Presenters have the following financial relationships to disclose:

- Rachel Gilgoff, MD, CCTP - Child Abuse Pediatrician; Senior Clinical and Science Advisor, ACEs Aware Initiative and UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)
    - Employee/Owner – Chief Medical Officer, Stronger Brains, Inc.
    - Consultant/Advisory Board – Advisor, WndrHLTH

Faculty

- Aaron Norr, PhD - Senior Clinical and Academic Programs Director of Education and Training, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)
- Ana Amador, LCSW - Assistant Director, Education and Training Department, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)
- Krista Kotz, MD - Executive Advisor, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)
- Rachel Gilgoff, MD, CCTP - Child Abuse Pediatrician; Senior Clinical and Science Advisor, ACEs Aware Initiative and UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)

Planner

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